



Motivational Momentum

We regularly meet people who stand out – even when surrounded by equally qualified colleagues. What is it that makes them different? Is it good connections, good fortune or merely good genes? This interactive workshop identifies excellent performance and demonstrates how achieving goals comes from the choices we make. By discovering new ways of thinking, feeling and acting, we will increase motivation and develop powerful life skills.

Who Must Attend This Workshop:

- Driven and determined professionals
- Enthusiastic individuals who want to make a difference
- Dynamic people wishing to shape their own destiny
- Achievers seeking additional focus and clarity
- All those who want to take that next step

Course objectives:

- Understand where you are using the 'Wheel of Life' tool
- Identify what is holding your career back
- Establish how you are currently meeting your needs in your career in both positive and negative ways
- Understand colleagues important workplace issues and how to meet them
- Provide resources to ensure that you meet your career goals

What will you get from the course:

- ✓ Empowering new ways of thinking about your career and associated goals
- ✓ Greatly enhanced self belief and confidence
- ✓ Understanding of others motivational needs
- ✓ Usable personal motivational tools and techniques
- ✓ An ongoing, self driven coaching framework

Your next step to success:

For further details and to discover how this motivational workshop can benefit you and your team either:

e-mail: colin_phelan@pmlgroup.com

or call: PML on 020 7256 2216

